

THE OLD SCHOOL NEWS

Issue 253
June 2024



HAPPY 10th BIRTHDAY STOKE CLIMSLAND POP-UP CAFÉ!

By Lyn Crawley

There were celebrations at the Stoke Climsland Pop-Up Café on Tuesday 30th April as it celebrated

10 years of serving Tea, Coffee, Cakes and Savouries, to all generations from babes' in arms, to great grandparents, from the Parish and beyond, and all with a warm welcome.

Born out of an idea from Ann Roberts (who was on hand to cut the cake) and Helen Hawkey (who was unfortunately at home with a broken leg - hope you are better by now Helen!), the Team of Pop-Up volunteers 'managed' by the indefatigable Barbara Bennett, have been serving homemade deliciousness with love and smiles in Stoke Climsland Parish Hall, every Tuesday morning since the 29th April 2014 by members of Stoke Climsland Church, to our Parish and Community. Apart from during Covid restrictions, the occasional Christmas, Boxing or New Year's Day, and non-availability of the Hall (e.g. Panto Season), when it moves into the Church, nothing has prevented the Café from opening its doors, and it invariably serves upwards of 40-50 'regulars' and visitors every week.

An estimated 50,000 cups of refreshment and over 1000 edible delights have been served and consumed in that time! The Café self-funds through donations and all profits, after running costs (Hall Hire and purchase of Tea, Coffee etc), have been passed on to over 60 Local, National and International Charities. With lively chat, a warm, friendly atmosphere, and delicious cakes, savouries, tea and coffee - what is keeping you away?!

Why not Pop-Along and Pop-In to Pop-Up!

**9.30am to 12pm, every Tuesday in the Parish Hall - where a warm welcome awaits!
Hope to see you there!**



This News Sheet has been produced by the Trustees of **The Old School, Stoke Climsland, Callington PL17 8NY**. All enquiries should be made to the office at The Old School, tel **01579 370493** or by email at **theoldschool78@gmail.com**

The News Sheet can be viewed on The Old School **Facebook page** and is available for download at **www.theoldschoolnews.co.uk**

For more information about The Old School go to **www.oldschoolstokeclimsland.co.uk**

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Have you seen the Beast of Bodmin Moor?



Sterts Theatre is producing a new Cornish Comedy musical - The Beast as the launch show for our newly reconstructed theatre. As part of this launch, we would love to hear stories about The Beast from our south east Cornwall community. These stories could be scary, mysterious or, like our show, not quite what you might expect from a beast story! If you would like to submit your story to us, we will be displaying them on site, on our website and social media as part of the Beast experience. Please send voice files or written stories to marketing@stertsarts.org

August - September 2024 www.sterts.co.uk 01579 362382

sterts ARTS COUNCIL ENGLAND **puckator**

PARISH HALL JUNE 2024

Regular Events:

Monday	7 pm	1st week only	GARDENING CLUB
	7 pm	3rd week only	PARISH COUNCIL
Tuesday	9 am - noon	Weekly	POP-UP CAFÉ
	1:15 - 2:15pm	Weekly	LATINO DANCE
	7:00pm	2nd week only	W.I.
Wednesday	7 pm	Weekly except 2nd week	BOWLS
	4.00 - 6:30pm	Weekly	SJS DANCE ACADEMY
Thursday	9:30 - 11 am	Weekly	KEEP ACTIVE
	4 - 7:30 pm	Weekly	SJS DANCE ACADEMY
	8 - 10 pm	Weekly	CALLINGTON GOSPEL CHOIR
Friday	10am - 11am	Weekly	PILATES
	11:15 - 12:15	Weekly	MATURE MOVERS
	7 - 10:30pm	Weekly	BRIDGE
Saturday	2 - 6pm	1st week only	Sewing Group

All events are subject to change due to holidays etc.
Please contact group leaders for specific info.

Together with:

June 1st	Evening	ABBA night
June 5th	Morning	WOW
June 12th	Morning	WOW
June 19th	Morning	WOW
June 26th	Morning	WOW

For further information regarding bookings please contact Sue Watts 07836 202212 or email sue-watts@btconnect.com

METHODIST CHURCH SERVICES JUNE 2024

Sunday Worship 11am (unless stated)	
June 2	Local Arrangement
June 9	Julian Langstone
June 16	Revd Dr Steve Emery-Wright Holy Communion
June 23	Mark Pellow
June 30	Brenda Grundy & our new monthly venture Tea, Coffee & Bacon Rolls available from 9.30am to 10.15am, for anyone in the community, outside if fine, or inside if not!

"Tea In The Afternoon" Wednesday 26 June 3.30pm - 5pm

OLD SCHOOL 200 CLUB WINNERS

March 22	D Watson	March 29	D Watson
April 05	S Boote	April 12	L Galer
April 19	D Glassborrow	April 26	R Neville

News, diary and other information should be sent directly to wendyambrose74@gmail.com

OLD SCHOOL JUNE 2024

Weekly Events:

Mondays	9 am	ACUPUNCTURE (by appt)
	8.30 am	PILATES
Tuesdays	7 pm	SCOTTISH DANCING
	10 am - 1 pm	RAGS ART GROUP
	1:30	LOVE TO MOVE
Wednesday	1:30	MAHJONG
	10 am - 3 pm	CROSS BORDER ARTS
Thursday	7pm - 8pm	CHESS CLUB
Fridays	9 - 11:30 am	TODDLER SINGING GROUP
	12 noon	FRIDAY LUNCH all welcome - please book in advance at the Old School 01579 370493

Together with:

June 1	9:30 am	VILLAGE MARKET
	1 - 6 pm	MESSY CHURCH
June 8	tbc	ROYAL CORNWALL SHOW TRIP
June 12	7:30 pm	FAMILY HISTORY GROUP
June 14	7 pm	FILM CLUB
June 15	9 am - 1 pm	REPAIR CAFE
June 19	9:30 - 10:30 am	BOOK CLUB (moved from usual date)

PARISH CHURCH JUNE 2024

June 1	3 pm	Messy Church in the Old School
June 2	8 am	Morning Prayer (BCP)
	10 am	Morning Worship
	2:30 pm	Remembering God
June 9	8 am	Morning Prayer (BCP)
	10 am	Holy Communion (with Bishop Hugh)
June 16 Fathers Day	8 am	Morning Prayer (BCP)
	10 am	Morning Worship
June 23	8 am	Morning Prayer (BCP)
	10 am	Family Service
June 30	8 am	Morning Prayer (BCP)
	10 am	Cluster Service at St Paul's

Are you a therapist?

The Old School, Stoke Climsland has a comfortable therapy room to hire for a private therapist. Flexible booking reasonable rates and free onsite parking.

Acupuncturist - Michael Clements has been treating people here for some years, during which many from our local community have benefited from his skill

Sadly, our osteopath has now left to complete further training so we now have room availability!

Please contact the Old School on 01579 370493 or email theoldschool78@gmail.com

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A not very funny joke...

Can you spot the difference, or perhaps, I should say, can you spot what is wrong?



Yes, someone or a group of people, thought it would be funny to turn around the gateway speed signs entering our village. Not only is this irresponsible and illegal, but it could have led to disastrous consequences. The signs were turned around the correct way before any harm could befall anyone, together with the Parish Council being informed. Whilst it may have been a prank, it was ill advised. Please be aware of any similar 'pranks' and report them to the Parish Council and perhaps the police on 111.

The Old School Room Hire

Children's Birthday Party Package £45

Includes the hire of the main hall, cafe area and use of the kitchen for 4 hours. Please note, this price only applies to birthday parties for children up to the age of 11 years old.
 Contact The Old School: 01579 370493 or email theoldschool78@gmail.com for more information

LEGO CLUB!

Thursday 13th June 3.15pm - 4.30pm
 at The Old School

Join us for Lego challenges or build anything you like!
 Toys for younger siblings
 All welcome
 No booking required
 FREE but donations to help with the upkeep of The Old School welcome!

Event Organisers Needed!

Do you enjoy living in such an active community with a variety of events on your doorstep?

If so, we need your help! If you can spare a few hours occasionally to help organise the odd event for The Old School, we would love to hear from you.

Whether you would like to see theatre, music, art or any other activity take place in The Old School for the community to enjoy, please get in touch!

We need helpers like you to keep our community thriving!

No experience necessary and we welcome helpers from all age groups.

Want to see an event held in the village? Help us organise it!

Contact: lisaesle2@gmail.com or call The Old School 01579 370493.

Letter from the Editor

By Wendy Ambrose

Well, there certainly seems to be a wealth of happenings and events throughout the Parish and its neighbours - a huge thankyou must go to the countless organisers and volunteers who make these events happen. If you feel that you could help out, then ensure that you read this edition carefully for details of how you could do just that!

Our Lady Foghorn, despite her assurances to me that she would have more information about unsuspecting people within the village, has decided to remain quiet this month, although she did deign to tell us that the last mystery person she wrote about was none other than yours truly... I don't know why she wouldn't let me release that information earlier!

As always, the OSN is YOUR publication, and to this end, if you have something that you feel needs awareness being given to it, then let me know on wendyambrose74@gmail.com. If you know of any traders that would want to advertise their business, why not suggest to them that they contact gillhiscott@hotmail.com for information on how to advertise with us.



The OSN needs YOU!



Down on the Farm

“Making hay whilst the sun shines”

By: Martin Howlett

Thankfully, with a record wet winter and spring now firmly behind us, a pattern of more normal weather allowed many dairy farms in particular to take their first cut of grass silage to start to replenish

their empty pits. We now look to a spell of longer sunny weather to attempt to make some quality hay.

The old saying of ‘make hay in June - worth a silver spoon’ and ‘hay in the barn is money in the bank’ may not hold such true value today but none-the-less does highlight how farming practises’ has changed over the years.

Advances in techniques, from cutting standing grass crops with the scythe of Poldark days and turning by hand before pitching onto horse drawn wagons (every county had its own design and style) as idyllically depicted in Constable’s ‘Haywain’, have long since been replaced by tractor mounted drum mowers, often covering 12 metre swathes within the gang combination, turning the crop and rowing up again completed by giant rakes to be then baled into 500kg round or square bales (seldom the conventional small 25kg hay bales) as handling moves to full mechanisation.

However, given the unpredictability of climate change and suddenness of rainfall ‘spoiling the crop’, our one salvation has been the invention and ability to plastic wrap the big bale: so no longer the hassle of trying to dry out sodden and poor quality half made hay, a crop can be ‘saved’ just in time and referred to as Haylage - a cross between true hay and its more moist relation silage. Fingers crossed for a long overdue and decent summer season for us all especially ‘Down on the Farm’.

Invitation reminder - Sunday 9th June from 11am until 4pm at Deer Park Farm, Luccombe - all are welcome to the free LEAF Annual Open Farm Sunday. The 16th year of this National Event sees a chance to meet the animals, see growing crops and conservation plots and explore our nature trail and talk through Regenerative Farming. Tractor trailer tours commence at 11am and 2pm. Calwetton Vets and TVAONB support will be in attendance on the day. It is with regret but NO dogs are permitted due to the livestock.

Children and Families Worker for the Callington & Gunnislake Methodist Circuit

By Louise James

Just like the famous line, “Water, water everywhere Nor any drop to drink”, in the poem, ‘The Rime of the Ancient Mariner, by Samuel Taylor Coleridge, water is around us but is often not clean or safe enough to drink.

How much has the wet weather been affecting you? For most of us we often say the rain is just a nuisance, to quote Alfred

Wainwright - he of the many walking books - “There’s no such thing as bad weather, only unsuitable clothing.” This comment appeared in his 1973 book ‘Coast to Coast’ and has been used by many people since that time including Billy Connolly and Ranulph Feinnes.

However, Cornish farmers say it’s having a massive impact on their business. We’ve apparently seen around 200% of the long term average rainfall in both February and March. We remember, in our prayers, those whose livelihoods are so weather dependent.

Water, how often do we take it for granted? We turn on the tap and there it is, hot for a bath or cold and ready to drink. In some countries, people have to walk great distances just to get some water from muddy puddles and even in developed countries, you can’t necessarily run clean, drinkable water from the tap, but such things aren’t such a problem for us in this country.

The charity Water Aid (288701) works to make clean water, decent toilets and good hygiene normal for everyone, everywhere. For our Church Anniversary at Stoke Climsland Methodist Church we held a Church Family Lunch with donations invited for Water Aid and raised £145.

As the saying goes ‘every little helps’ and this reminded me of a song by Mitch Barrett and Carla Gover entitled ‘Drop in the Bucket’ - here are some of the lyrics - It’s a crazy world we live in

Bad news all around
Brothers and sisters if we’re
gonna make a difference
We’re gonna have to stand our ground
It’s a drop in the bucket
and a bucket in the pond
and the pond fills the river
and the river rushes on
and every river swells a river
Until the power can’t be stopped
and what becomes a mighty ocean
Started as a drop



Kernewek

By Jerry Forbes

The Cornish Language is one of the oldest languages of the British Isles - unique to the people of Cornwall and their global diaspora.

Cornish started fading from everyday use around the end of the 1700s, yet its presence has always remained and echoed down the intervening years e.g. via place names, family names, colloquial speech and sayings.

Henry Jenner started the language’s revival in the late 1800’s, and interest has grown steadily worldwide ever since. In 2002 Cornish was formally recognised by the UK Government, under Part 2 of the Council of Europe’s Charter for Regional or Minority Languages - the culmination of years of hard work by passionate people, significantly boosting the language’s overall profile, with increasing numbers of people wanting to learn the language ever since.

Today we have a translation of the Bible into Cornish, Cornwall Council’s commitment to use Cornish names, and fresh vigour within communities to use this beautiful and unique language.

Pennseythen Gernewek - Cornish Language Weekend

This year’s annual Pennseythen Gernewek was hosted by Cornwall County Council in County Hall Truro, over the 3 days of Friday April 12th to Sunday 14th inclusive.

I’ve attended Callington [Kelliwik] Cornish evening classes for 4 years now, this was my second Pennseythen Gernewek, and the content of the weekend keeps going from strength to strength.

The weekend caters for all ages and all levels of ability. You can attend all 3 days, or if your diary won’t allow - just choose 1 or 2. Attendance is completely inclusive e.g. discounts for low incomes, so nobody needs to miss out on the opportunity to get involved.

This year there were over 100 tickets sold, and people came from near and far.

During the days, there were various different workshops - for families and for people with little or no Cornish; tea & coffee breaks with ‘mix & mingle’ sessions; and pre-ordered pasties in the lunch breaks (or self-cater if preferred).

Saturday afternoon hosted a guided walk - spoken in Cornish, with English translation - along the Newham Trail, a nearby disused railway line, finishing at Skinner’s Brewery near the town centre ... so all could relax, quench your thirst, then retrace your steps or take the bus back to Pydar House. Indoor alternatives were available back in Pydar House e.g. a youth club with games, chat & more.

For anyone motivated to delve more deeply into the language, its Celtic roots and history, there are four graded levels of voluntary study which can be undertaken; there’s even a Cornish Language Board - Kesva - founded in 1967.

Early evening saw more opportunity to mix & mingle, with Cornish language versions of games like Cluedo, Yahtzee, Scrabble etc. There was an open mic session on Saturday evening, with music performances to follow (Kernow King) and the Cornish film ‘Mab Hudel’ - Magical Son - to finish the evening.

Callington classes happen weekly, and there are various live or online conversation groups - all will welcome you with open arms.

1970’s Meal and ABBA Music in the Parish Hall

Pay bar

Saturday June 1st

DOORS OPEN

7.00pm

TICKET PRICE

£8

NEWS

St Sampson’s Church, South Hill

This year’s Summer Fayre is on Saturday 29th June at 2pm. It will have a mediaeval flavour to it. As a special treat we have a falconry display for everyone to enjoy, whilst listening to Launceston band and savouring a beer, or tea and cakes.

And another treat, we have mini-donkeys, who doesn’t love a mini-donkey? There will be lots of stalls and games for everyone to enjoy and it’s bound to be a lovely sunny day!





“Wicked Little Letters”

Starring: Olivia Coleman, Timothy Spall, Jessie Buckley, Jason Watkins and Eileen Atkins.

Based on a true scandal, the story of Rose Gooding, Edith Swan and the Littlehampton Libels. In the early 1920's a small seaside town in Sussex was rocked by a scandal involving warring neighbours, miscarriages of justice and a lot of swearing

“ Olivia Coleman and Jessica Buckley are on fire in this hilarious, foulmouthed comedy that will have you rolling in the aisles.”

“ A solid, bawdy romp with a serious undertone about women rising above oppression.”

“ So much fun, ridiculous, and at the end of the day it's a woman's empowerment movie in an odd sort of way”

Doors open at 7pm for Refreshments
Film starts 7:30pm

NEW MEMBERS ARE ALWAYS WELCOME

Friday June 14th 2024



Sprouting Lentils

By Ruth Nevill

Following the Hungry for Change meal at the Old School, several people have asked me about how to sprout lentils which were available as nibbles on the table. They are easy, economical and even more nutritious than cooked lentils, so I thought more people might like to give them a try. The same technique works with mung beans, dried peas and chickpeas, but I think lentils are quickest and easiest to start with.

BENEFITS OF SPROUTED LENTILS

Firstly, they taste good! They've got an earthy, slightly peppery taste that combines well with fresh greens, tomatoes and herbs. You can eat them raw, which adds a nice crunch to your dish, or blanch them for a minute to soften them both in texture and in taste.

When you sprout lentils or other legumes, you make them easier to digest and you also

increase their nutritional content, especially vitamins B and C. As anyone on a budget knows, dried beans and lentils are some of the cheapest staples in your kitchen and can make up a valuable part of your dietary protein intake. They're low calorie, packed with fibre and fill you up quickly, they are also thought to boost metabolism and reduce cholesterol.

HOW TO SPROUT LENTILS

Ok, now onto the fun part! Sprouting lentils is super easy and if you're like me and kill every houseplant that comes through your door, you'll feel really accomplished to have managed to grow something! You can use regular supermarket green or Puy lentils, not the split red ones, or if you're worried about how they are produced, you can seek out organic lentils.

You simply need to soak your desired quantity of lentils in water overnight. Remember, they increase in size x 4!! The next morning, drain and rinse them and leave them in a jar to sprout. Whilst there are several techniques for the sprouting phase, it is important that you don't have them sitting in water and they should have good air circulation. As you can see in the photo, I covered the lid of the jar with a mesh cloth, elastic band to secure it, and popped the lid on top, but didn't fasten it. You can also just lay the jar down on its side in a shallow bowl.

Seeds don't need sun to germinate since they're mostly under the ground, just a little warmth. I keep my jar in the north facing kitchen window and the lentils sprout as they should. There is a chance they will overheat and dry out in a sunny windowsill. Come back to your jar a couple times a day, give your lentils a rinse and return the drained lentils to the jar. After as soon as 24 hours you may see some little tails starting to form. After about two days the lentils will have nice tails and will have approximately tripled in volume. Leave them another day and you'll have approximately quadruple the volume of lentils that you started with. Hey presto! Tasty, nutritious additions to salads, sandwiches, stir-fries and wraps.



Cover jar opening with a cheese cloth
Soak lentils in water 12 hours

Drain water
Rinse + drain lentils every 12 hours



Lentils will sprout after 1-2 days
Continue sprouting until desired length

Let sprouts dry completely on a paper towel
before storing in an air-tight container

MARY RICHARDS



It is with great sadness that we report that Mary Richards, a much loved member of our community and stalwart of support to the Old School, died in May and was laid to rest on the 14th May. We remember Mary with much fondness and our thoughts and prayers are with her family at this sad time

Mount Kelly Choral Society

Summer Concert

John Rutter - Feel the Spirit

Saturday 22nd June 19:30

TAVISTOCK METHODIST CHURCH

Duration approximately 50 minutes.

Free entry with retiring collection

Further information on the MKCS

website www.mountkellychoralsociety.com

Stoke Climsland Show Jumble Sale

By Derek Ross

As the amount of donated jumble increased day by day in the two weeks building up to the 27th April, it was soon clear that our generous donors had again come up trumps. Thank you all so much, but a special thanks must go to Deri and Jan Parsons who provided storage space for the jumble prior to the Sale.

The weather was kind to us and queues had formed outside the Parish Hall and Old School House by 9.00 am. There was a constant flow of bargain hunters and some still arriving as we drew the raffle at 12.15pm! Thank you all for supporting our Village Show.

The cafe area in the Old School House providing team, coffee, home made cakes and bacon butties was very well supported and provided an opportunity to meet up with old friends.

The event raised an incredible £1,100 with more to come. Not bad for a 2 hour Jumble Sale. This will cover half of the cost of the marquee hire for the Show being held on August 10th.

Thanks must also go to our amazing volunteers, not only our "regulars" but several new faces. Without our volunteers we could not run the Jumble Sales or even the Show.

We will be holding another Jumble Sale in October, details to follow.





STOKE CLIMSLAND SPORTS AND SOCIAL CLUB

Follow us on Facebook
Club Secretary: Louise Power
01579 370819 lousepoweraok@msn.com

WHAT'S ON

Sunday 9th June - Children's/Family Quiz
Pitch up at 3:30pm (4:00pm start) for the first of our family quizzes. Food served at 5:30pm - fish fingers, sausages or nuggets and chips (£3.50 per portion).

Sunday 16th June - Father's Day Brunch
Join us for a Cornish fry-up between 10:00am and 12:00pm. Is that breakfast or brunch? We'll let you decide. Anyway, just rock up to enjoy a fine start to Father's Day.

Saturday 22nd June - Quiz Night
Jenny and Kathleen will host the last quiz before its summer break. Note: it's the fourth Saturday of the month this time (as opposed to the customary third). 7:30pm for an 8:00pm start, teams of four, £5 entry.

Friday 28th June - Fish & Chip Night (Sports Field)
One of our annual highlights, tickets should be on sale in the club and the post office from the week beginning 3rd June. The club itself will be closed but even if you don't have a ticket, come and enjoy a drink with us at the sports pavilion from 6:00pm.

OPENING TIMES

Wednesday & Thursday 8:00pm to 11:00pm
Friday & Saturday 7:30pm to 11:00pm

With sincere apologies, we regret that the club will be closed on two Saturdays: 15th June and 6th July

The club will be showing Euro 2024 matches that coincide with our opening hours, but also opening especially for England's group matches...

Sunday 16th June 8:00pm: England v Serbia
Thursday 20th June 5:00pm: England v Denmark
Tuesday 25th June 8:00pm: England v Slovenia
...and, if there's no clash, we'll continue to open our doors for their knock-out matches too (there's optimism).

Our in-house Darts League had its Presentation Evening recently. The winning team was, once again, "Mugs Away" while the Wooden Spoon award went to "Full of Bull". Tony Codner won the Best Overall Player and Best Singles Player, with Georgia Hill named as the Best Female Player. Well done to William Stockman who achieved the Most Improved Player award.

We'll keep you posted on how to get involved next season plus details of our charity 24-hour darts marathon (27th-28th September).



Lockett Social Club

All events start at 8.00pm unless otherwise stated, with the club and bar open from 7.30pm.

Following on from the Easter weekend on Saturday 6th April, the ambitious Ivan Judd was in charge of his 'For One Night Only' quiz evening, ably assisted by Annette who kept score on the proceedings. 5 teams entered the spirit of the occasion with of course the obligatory Status Quo questions thrown in as always. With plenty of music bonuses chucked into the mix, the eventual winners were 'Tawny Owls'. Well done to Barry & Sarah, Natasha and Tim. 'Mugs & Roses' were second, with 'A Full House All Bar One' bringing up the rear. A thoroughly entertaining and competitive evening all around.

On Friday 19th it was Bonasera (good evening) for the Italian night. Members then enjoyed watching the classic 1969 version of The Italian Job on the big screen including the classic line 'Dovei solo far saltare le porte insanguinate' (you were only supposed to blow the bloody doors off). After devouring the many pizzas and tiramisu it was onto the second film of the night, the updated version (2003) with Mark Wahlberg and Jason Statham following a vaguely similar storyline. Many thanks to all those that contributed to make the evening go smoothly.

The last Friday of the month (26th) it was 'Eyes down, let's play Bingo' with the big end game paying out £ 10 for the full house.

With the snooker season now complete, the Lockett teams enjoyed moderate success finishing runners up in the Liskeard League Divisional KO Cup Final to Pelynt B who did the double by winning the league also. Aldon Livingston had the division's most wins for the season and also won the Top 8 players competition. In the Launceston League, after a poor start, we finished a close seventh.

The Darts team came a creditable 4th in their first season of the Lamerton & District League Division Two, so hopefully better things to come.

June diary dates:

Saturday 1st	LUCKETT DUCK DAY - 3pm onwards - At Byenleigh, Greenscombe Lane, Lockett By kind permission of Adrian & Deb Glazssborow Plenty of local stalls, Tombola, BBQ and of course a Licenced BAR. The Wheal Martha Band will be performing throughout the course of the afternoon. The Duck Race will take place at 6pm. Live entertainment from 7pm onwards.
Friday 7th	CASH BINGO - All the tickets you need for £5

Other dates for your diaries:

Friday 12 July CASH BINGO

Saturday 29 July, SKITTLES EVENING at Deer Park Farm. Teams of 6 to register at 6:30pm for a 7pm start. £12 per team
Trophies for Winners and Runners up. BBQ and Hot food available, plus BAR.

Friday 9 August CASH BINGO

For further information visit our Facebook Page The-Lockett-Social-Club

Geoff Howlett (Hon. Sec.)

Getting ready for the Summer months!

By Tris Cocks, GSL

Like all buildings, there is always an ever growing list of jobs and tasks. Last month, the Scout Group asked its members, along with friends and family, to spare a couple of hours on a Saturday to come and help at a Work Party.

We had a huge list of items that we would like to have completed, all written onto a whiteboard... upon first thought, this seemed like a wish list with no chance of being completed. However, we had an outstanding turn out from everybody and managed to end the day with a whiteboard full of ticks. We had help on the day from six year old Beavers up to grandparents lending a hand, and between us all, we managed to: trim and lay the outside hedge; clean the hut inside and out; weed the flowerbeds; paint the woodwork inside the Scout Hut, paint the toilets and disabled wet room and give the kitchen a thorough deep clean.

So a huge THANK YOU to everybody who lent a hand during the day and made this possible. We would also like to thank Samworth Brothers who donated some pasties and sausage rolls to keep the hunger at bay, along with Tinhay Building Supplies, who did an amazing deal for the group on the supplies needed to freshen up the inside of the Hut.

The Scout Group will be holding their Annual General Meeting on Friday 28th June at 18.30 at the Scout Hut - everybody is welcome to come along. We are always on the lookout for people to join the Trustee Board or Group management Team. If you'd like to find out more about what is involved and the benefits for you, please email GSL@1ststokeclimsland.org

Tamar Grow Local

By Ruth Nevill

I recently attended the Tamar Grow Local AGM and was so impressed with the incredible organisation we have, right on our doorsteps, I thought you too might be interested in what they are doing for our local community and environment.



Tamar Grow Local Community Interest Company (TGL) is based in Kelly Bray and was established as a member-owned, fully democratic, not for profit, CIC back in 2007.

Since then, TGL's activities have grown substantially - they teach bee-keeping and run a honey co-op, help manage St. Budeaux Allotments, manage a FarmStart for people wanting land to develop new horticultural enterprises, make their own apple juice, support a community vineyard, work with Plymouth City Council and Plymouth Community Homes on Tamar Valley produce provision into Plymouth, have a regional wholesale route called the Good Food Loop, developed a land matching scheme and we are a partner in the Tamara Landscape Partnership Scheme too.

Their work is aimed at increasing the availability of locally grown and made produce and reinvigorating market gardening in the valley. Their income comes from numerous sources of commissioned works, some grant income and through trading and selling produce. Being not-for-profit enables them to pay producers a fair price to reflect the efforts of growing fresh and local produce.

They run an online farmers market "Tamar Valley Food Hub" which delivers super fresh (often picked the same day!), delicious produce to homes and collection points every Friday afternoon. In 2023, over 70 local producers all added their own produce each week and set their own prices. One of them, Kendale, from Callington Fresh, also attends the Old School Market every 1st Saturday of the month with his produce.

Buying a few bits locally each week, including supporting our own fantastic Post Office and Stores, really can have a meaningful and big impact on our local community, businesses, and environment.

For more information visit www.tamarvalleyfoodhubs.org.uk or www.tamargrowlocal.org



A note from the intrepid Explorer Scouts

By William Smith

Between the 2nd and 5th of May 2024, a team of five from 1st Stoke Climsland Scout Group completed their assessed Gold Duke of Edinburgh Expedition, following a successful practice expedition that was previously completed between the 4th and 7th of April 2024. Beginning in South Brent, the four-day expedition took the team deep into the heart of Dartmoor. The expedition provided some tough walking conditions over long distances but ultimately took in some of the best landscapes that Dartmoor has to offer.

Day one started wet but turned dry and bright as the expedition unfolded. The weather remained on the team's side until the morning of the fourth day, when rain set in and the fog descended. After some tricky conditions and challenging navigation, the team arrived back in South Brent just after 17:00 to cheers and hugs from their families.



The team - Will Smith, Danny Bain, Jess Turner, Sam Chapman and Arthur Ivy - were praised for their co-rodery and commended for their professionalism during the expedition. The aim of the expedition, besides from getting to the finish line, was to create a short film that depicted their journey and encouraged recruitment into Explorers. Though completed as part of their Duke of Edinburgh Awards, these expeditions can also count towards each team member's King Scout Award, the highest honour in Scouting.

The completion of the expedition and of both subsequent awards is a huge achievement for each member of the team. It's been over ten years since a member of 1st Stoke Climsland Scout Group achieved their King Scout Award and all are delighted that, thanks to their efforts, this will soon change!



News from Beaver Scouts

By Stacey Weaver

The Beavers have been very busy recently working on Recycling and Reuse where beavers planned, drew and invented their own machines out of old recycling materials. We had a visit from the Move and Mobile dementia group who entertained us with an evening of exercise and movement. Not an issue for our Beavers, but more so for our leaders!

We joined the Cub Scouts for a joint clip n climb event in Plymouth and our Young leaders have been busy working on their criteria for running and leading sessions for the Beavers focusing on Eating healthy foods and Astronomy.

We visited Dupath Farm, Callington (Thanks to Adrian and Lyn Coombe) where we were able to explore the farm, meet the sheep and baby lambs. Twins were born while we were there!



To round off the Spring term we created an Easter craft where we made jumping bunnies and we got out into the Stoke Climsland community on a wet, windy evening for an Easter Egg Hike. We walked from the Scout Hut to Old Mill Ford. Local villagers got involved and helped with the hunt as Chicks were hidden on their drives and gardens for the Beavers to find on route. We were also provided shelter in a garage where there was a fire for us to warm up and the area was decorated with Easter rabbits, eggs, flowers and lights.

Fantastic support from the Community as ever, thank you to all involved and making the Easter trail so memorable for the Beaver Scouts.

Our Beaver Scouts took part in the County Beaver Scout Challenge walk at Lanhydrock where we joined 400 Beaver Scouts with an organised hike, we walked an awesome 5.2 miles in 3.5hours!



Beaver Scouts we are so proud of you well done!

Parish Hall Update

By Martin Howlett



Following on from the completion of the initial essential building works to the main chimney, louvre tower and replacement of roof guttering with increased capacity, your Parish Hall Trustees are pleased to report that we are continuing to develop the next staged approach towards major refurbishment in line with our activated full planning permission. Quotations are awaited for remedial works to the flat roof and front façade, together with improved external access to the north side entrance door to toilet block facilities.

Moving forward to summer '24 and with the support of 'friends of the parish hall' fundraising efforts, together with already allocated grant awards, we now plan to embark on a series of internal improvements to the kitchen area, toilet facilities, main hall flooring, external windows and a general painting and decorating programme to 'spruce up' our valued low-cost parish hall booking offer.

A further reminder of our next fundraising event - an ABBA Fest Disco 'Thank you for the Music' night including a delicious 1970's themed meal, on Saturday 1st June in the Parish Hall. Tickets in advance can be obtained from the Post Office for just £8/head - Fancy Dress is optional. Then an advanced date for your diary: on Saturday 20th July at Deer Park Farm, Lucket - Music in the Barn with the ever popular 'South East Cornwall Sea Shanty Singers' - entry tickets in advance or on the door at just £10/head, plus BBQ and fully licensed bar provided with thanks to Lucket Social Club.

Come along for a real rabble rousing evening in support and find out what it's really 'Like to be a Pirate' plus many other traditional songs and salty tales of Old Cornwall & the high seas.

Finally, can we convey our gratitude to all for staying loyal to your parish hall during these challenging times? We still remain positive with the full and continued support of The Duchy of Cornwall, in seeking a long term solution for the future of a Parish Community facility. We continue to work in collaboration with fellow groups, organisations and individual venues throughout the Parish and strong representation through the Community Facility Group. See you somewhere soon.

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 Veryan Barneby - Jewellery - 01579 370680
 Kendale Courts - Local Fresh Vegetables - 07813 157961
 Rosemary Hambly - Action for Children - 01579 383773



By Derrick Parsons

We will be continuing our outdoor visits on 25th June with a trip to Ford Park cemetery in Plymouth, where we'll be learning about the famous women buried there. The walk will last about 90 minutes and we'll meet at the Visitor Centre there ready to start at 6.30pm. The address is Ford Park Road Plymouth PL4 6NT and there's plenty of parking. Here's hoping for a warm summer's evening with blue skies!

All are welcome to come along and if you want more information, please contact Deri Parsons on 01579 370319 or via email: derrick.parsons@btinternet.com You can also contact him if you'd like to be added to our mailing list for details of our meetings.

Riding for the Disabled

By Sarah Thomas



With all the seemingly non-stop rain we've experienced recently, thank heavens that we are able to have our RDA sessions under cover in the College's indoor arena. Nothing but the best for our lovely horses and our equally lovely helpers! There is, of course, the walk from the stables to the arena for the tacking-up team and their equine charges to negotiate in the rain, but some of the team are now kept dry wearing a rather smart waterproof jacket with our logo, which is available for you to buy, should you make the amazing decision to join us.

Having the RDA logo on our clothing has an equally important function as it easily identifies us to College staff and students if we are in the stable area, tacking up, fetching horses for the afternoon session or returning the horses after the session. We also have to wear identification on a lanyard. This, of course, is all aimed at helping to keep the College students safe and is, these days, sadly necessary. As I think I've mentioned previously, all our members also have to pass a DBS (Disclosure and Barring Service) check, which is a reincarnation of the CRB (Criminal Records Bureau) check (thinks: perhaps someone working in the bowels of the CRB, just for fun, thought they'd reinvent themselves to brighten up a dull, boring afternoon).

Not only is a DBS check necessary for when we're in the stable area, but also, of course, when we're operating our sessions, so that parents or guardians can be assured that their charges will be safe with us. Thoughts such as: "It was never like this in the Good Old Days..." come to mind, but sadly, if the newspapers are to be believed, it's become all too apparent that there is a need for such measures. But please don't be put off from joining us. These measures are as much for our own safety as they are for that of our riders, and I tend to the attitude that if that's what it takes to be able to come to our sessions, with the enjoyment and fulfilment that they give me, not to mention our riders, then it's fine by me!

For further details or to contact us, go to: www.rdaduchy.org

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STOKE CLIMSLAND FAMILY HISTORY GROUP

We are taking a summer break

By Deri Parsons

The Family History Group has been meeting at The Old School since October last year. It has a small but committed membership but there are better things to do on summer evenings than crouching over a screen or some ancient records.

So the Group is now taking a break and won't be meeting in June, July and August but will resume at 7-30 pm on Wednesday, 11th September

There will then be a workshop evening so please put the date above in your diary and do come along and bring issues, problems, questions, brick walls and matters of interest to share with others and, hopefully, get help where that's needed. A screen will be available so laptops can be plugged in to display to the group. Maybe we will end up with a number of 1:1 help sessions - who knows?

Following that, we will meet again on 9th October, 13th November and 11th December; the programme for these dates will be circulated later.

In the meantime, if you want help urgently, do contact: Deri Parsons 01579 370319

or derrick.parsons@btinternet.com or

John Wilmut 01579 370736

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STOKE CLIMSLAND WI

In April, we welcomed The Pillaton and St Mellion Handbell Ringers to our meeting. We discovered how early bells were not very tuneful but as they began to use a tin and copper alloy to make the bells, so the sound improved.



Tower bellringers used to use handbells to practise their changes and we had a demonstration of how to do this. In the nineteenth century the playing of handbells was very popular and there were many competitions around the country. Their popularity dwindled in the early part of the twentieth century but then there was a revival in the latter part of the century. The Pillaton and St Mellion group began in the 1970's and some of the original members are still ringing with them now.

We were treated to a demonstration of a variety of music including

a show tune, Scottish sea songs, and then the very impressive 'method ringing' using 8 bells and 4 ringers swapping bells! After that it was our turn to have a go.



We were kindly given lots of help to play a tune.

Anyone is welcome to join us for our social 'craft' evenings held at the Social Club.

You don't need to be a member of the WI and you don't have to be able to knit or crochet - you are welcome to bring along any sort of craft project you are working on. We look

forward to welcoming some new crafters!

- 6th June Cookery at the Old School 7:00pm
- 11th June Talk on the Scouts trip to S. Korea
- Open Meeting
- 9th July To be arranged
- 17th August Summer picnic
- 10th Sep Blood Bikes Open Meeting

Meetings are held on the second Tuesday of the month in Stoke Climsland Parish Hall at 7:30pm and new members and visitors are always welcome. There is a charge of £4.50 which includes homemade refreshments (no charge for members of other WI's). We look forward to welcoming you to one of our meetings.

Look out for information about future events on the local notice boards and on our facebook page, Stoke Climsland WI.

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